

BREAKFAST MENU

January 8 Mini Pancake Bites & Syrup Pear Cup	9 Breakfast Calzone Whole Apple	10 Chocolate Muffin Peach Cup	11 Saint Paul Sunrise Croissant Banana	12 Mini Cinnamon Rolls Apple Slices
15 	16 Egg & Cheese Breakfast Burrito Apple	17 Apple Cinnamon Muffin Strawberry Applesauce	18 Saint Paul Sunrise Sandwich Banana	19 Belgian Maple Waffle Chocolate Spread Apple Slices
22 Mini Pancake Bites & Syrup Pear Cup	23 Breakfast Calzone Whole Apple	24 Chocolate Muffin Peach Cup	25 Saint Paul Sunrise Croissant Banana	26 
29 Chicken Waffle Sandwich Mixed Fruit Cup	30 Egg & Cheese Breakfast Burrito Apple	31 Apple Cinnamon Muffin Strawberry Applesauce	February 1 Saint Paul Sunrise Sandwich Banana	2 Belgian Maple Waffle Chocolate Spread Apple Slices

DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Rice Bowl
- Juice
- Milk

LUNCH MENU

January 8

Crispy OR Spicy
Chicken Sandwich
OR Veggie Burger
Potato Wedges

Popcorn Shrimp and
Corn Muffin
OR Grilled Cheese
Potato Wedges
Galaxy Sauce

9

Mongolian Beef
OR Tofu
Jasmine Rice
Vegetable Egg Roll
Broccoli

BBQ Beef Rib
Sandwich OR
Grilled Cheese
Potato Wedges

10

Seasoned Beef
Nachos
Refried Beans
Cheese Sauce
Tortilla Chips

Cheeseburger OR
Grilled Cheese
Potato Wedges
Galaxy Sauce

11 MN THURSDAY!

Chopped Cheese
Sandwich Made
with Local Beef
Potato Wedges

Fish & Chips
Battered Fish Filet
Pretzel Stick
OR Grilled Cheese
Waffle Fries
Corn

12

Italian Dunker
Marinara Sauce
Mixed Vegetables
Chocolate Chip
Cookie

Shredded Beef
Burrito Bowl
Cilantro Rice
Cheese Sauce
Roasted Corn
Tortilla Chips

15

NO SCHOOL
TODAY!



16

Teriyaki Chicken
OR Tofu
Jasmine Rice
Broccoli
Potstickers

Pulled Turkey
Sandwich OR
Veggie Burger
Potato Wedges

17

TACO DAY
Seasoned Beef
Refried Beans
Shredded Cheese
Tortilla Shells

Cheeseburger
OR Veggie Burger
Potato Wedges
Galaxy Sauce

18

Crispy OR Spicy
Chicken Sandwich
OR Veggie Burger
Potato Wedges

Chicken Tinga Tacos
Refried Beans
Tortilla Shells
Corn Relish

19

Cheese OR Turkey
Sausage Pizza
Make Your Own
Caesar Salad

Shredded Beef
Loaded Waffle Fries
Cheese Sauce
Pretzel Stick

22

Glazed Chicken Bites
with Garlic Toast
OR Grilled Cheese
Potato Wedges
Galaxy Sauce

Chicken Alfredo
Penne Pasta
Green Beans
Garlic Toast

23

Beef OR Tofu
Bulgogi
Jasmine Rice
Egg Roll
Broccoli

Buffalo Chicken OR
Plant Based
Tenders Sandwich
Potato Wedges

24

Oven Fried Chicken
Original OR
Nashville and
Corn Muffin
OR Grilled Cheese
Mashed Potatoes

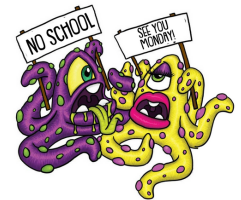
Como Street Chicken
OR Falafel on a Pita
Tzatziki Sauce
Potato Wedges

25

Cheeseburger OR
Veggie Burger
Potato Wedges
Galaxy Sauce

Southern Chicken
OR Plant Based
Tender Bowl
Mashed Potatoes
& Gravy
Corn Muffin

26



29

Chicken Parmesan
with Pasta and
Marinara Sauce
Garlic Toast

Chicken Sliders
OR Grilled Cheese
Potato Wedges

30

Orange Chicken
OR Tofu
Jasmine Rice
Vegetable Egg Roll
Broccoli

Cheeseburger
OR Veggie Burger
Potato Wedges
Galaxy Sauce

31

Pancakes
Chicken Sausages
Hash Browns

Chicken Fingers
OR Plant Based
Tenders
Mac & Cheese
Corn Muffin
Coleslaw
Galaxy Sauce

February 1

Beef Nachos
Cheese Sauce
Refried Beans
Tortilla Chips

Turkey Kielbasa OR
Plant Based
Tenders on a Bun
Potato Wedges

2

Hamari Chicken,
Yellow Rice, &
French Bread OR
Grilled Cheese
Mixed Vegetables

Gyro OR Falafel
on a Pita
Potato Wedges